Lunedì		Martedi		Mercoledi		Giovedì		Venerdi		Sab	Dom
	N	06.40-07.30 Functional Training Roberto ♥☆☆ ★★			6	06.40-07.30 Functional Training Roberto				10.00-11.00 Group Cycling	11.00-12.00 Group Cycling
09.30-10.30 Total Body Workout Mela	Б	09.00-10.00 Body Balance Manu ♥ औ. **	W	09.30-10.30 Total Body Workout Mela ★ ** ** ** ** ** ** ** ** **	Yh	09.00-10.00 Body Balance Manu		09.30-10.30 Total Body Workout Mela			
13.00-14.00 Cardio Training Elena Ca	13.00-14.00 Group Cycling Dontella	10.30-11.30 Yogilates Donatella ♣*** ★	N		13.00-14.00 Group Cycling Luca	10.30-11.30 Yogilates Donatella ★** ★		13.00-13.50 Functional Training Francesco		11.00-12.00 Zumba Vivian ★	
17.10-18.10 Yoga Francesca ♥☆☆ ★★	19.00-20.00 Group Cycling Luca	13.00-14.00 Total Body Workout Dona ♥☆☆ ★	19.00-20.00 Group Cycling Max ****************	13.00-14.00 Pilates Mela ★	19.00-20.00 Group Cycling Sonia	13.00-14.00 Tabata Donatella	19.00-20.00 Group Cycling Max	17.30-18.20 GAG Rosalinda ♥☆☆ ★	19.00-20.00 Group Cycling Luca	12.00-13.00 HIT interval training Rosalinda	
18.10-19.05 Total Body Workout Pascal ♥☆☆ ★★	20.00-21.00 Group Cycling Luca	17.00-18.00 Cardio Training Rosalinda	20.00-21.00 Group Cycling Albi	17.10-18.00 Functional Training Rosalinda	20.00-21.00 Group Cycling Sonia	17:00-17:50 Pump Elena Ca ♥☆☆ ★★	20.00-21.00 Group Cycling Max	18.20-19.10 Functional Training Olga		13.00-14.00 Pump Manu « ^የ አ ^የ አ ^የ **	
19.05-20.00 Functional Training Roberto シズボ *		18.00-19.00 Pilates Mela ★		18.00-19.00 Tabata Elena ♥☆☆ ★★		17.50-18.40 Pilates Mela ★		19.10-20.00 X Tempo Silvia F >>> ★★			
20.00-21.00 Pump Luisa ♣️শ্ৰুশ্ৰুশ্ৰ ★		19.00-19.50 X Tempo Silvia F ▼▼ ** ** ** ** ** ** ** ** *	n	19.00-20.00 Functional Training Olga		18:40-19.30 Combat Betta *** ★		20.00-21.00 Pump Luisa ♣ ♣ ♣ ★		Sala 1	Sala 2
	0	19.50-20.50 Step Core Silvia F ▼▼ ★★★		20.00-21.00 Pump Luisa ♣️♣️♣️ ★		19.30-20.30 Zumba Vivian YY ★★		3	all	difficol esecuz enamento	ione ***
		21.00-22.30 Kendo		21.00-22.00 Yoga Francesca ♥ ホ** ★★	\mathcal{A}	21.00-22.30 Kendo				tonificaz allenam rdio vasco	ione